

## Summer Activity Challenge

<b>Get curious</b>	Research a picture you like – who is the artist, when was it painted – can you create your own version? 1 credit	Talk to one of the older members of your family and find out about their life when they were your age 1 credit	Take part in a workshop at your local Halfords, Pets at Home or Dobbies 1 credit per workshop	Sign up for the Summer Reading Challenge at your local library. Read up to 6 books and take part in some additional activities. Up to 10 credits	Complete a downloadable activity from the CU website Credits specified for each activity
Get creative	Create a collage from dried food e.g pasta, lentils 1 credit	Create a set of musical instruments from household objects 1 credit	Make a simple kite or paper aeroplane and see how long you can keep it in the air 1 credit	Bake some cakes and write up the recipe. include 2 improvements you'd make next time). 1 credit	Make an A4 collage using only natural materials you can find in your garden or nearest park 1 credit
Get active	Plan races for a sports day or games afternoon in your garden/park with friends/family 1 credit	Practise skipping, hula hooping, bouncing a tennis ball, keeping up a football and record your personal bests 1 credit	Make a full dance routine to your favourite song with your friends and perform it for your family. 1 credit	Go for a swim at your nearest pool and play a game of Marco Polo. Write down the rules so others can play it too. 1 credit	With family or friends, set up a game of rounders, football, shadow tag or frisbee in your local park. Keep a leaderboard during your game. 1 credit
<b>Get outdoors</b>	Complete a Nature Detectives downloadable activity 1 credit	Discover your local forest with the Forestry Commission, using the CU downloadable trails tailored to local version 2 credits	Complete an activity from the RSPB 'Wild Challenge' 1 credit	Hunt for mini beasts in your garden or local park and draw pictures of what you find 1 credit	Put up a tent and try eating a meal and sleeping in it 1 credit
<b>Get involved</b>	Find out about the work of a charity shop near you and work with friends to collect some items for them to sell 1 credit	Organise your own sale of toys and stuff you no longer use and give the money to your favourite charity 1 credit	With help of a parent or carer, fill a bucket with soapy water and offer to wash a neighbour's car to raise money for a nearby charity shop. 1 credit	Make an eye-catching A4 poster asking people to recycle and cut down on their energy use to help reduce climate change. 1 credit	Make a list of what goes into a First Aid Kit and find out how to cope with 3 simple accidents/emergencies. 1 credit
<b>Get travelling</b>	Discover a new town or city by downloading a Huntfun/Treasure Trails/Curious About trail. 1 credit	Find out about the past by visiting an English Heritage site and write down 3 fascinating facts about it. 1 credit	Visit a Learning Destination outside your local area Credits as determined by the activity	Create a postcard to send to your local CU from a Learning Destination you have enjoyed. 1 credit	Keep a holiday diary and write down something new that you learnt each day. 1 credit

## Welcome to the Children's University Summer Challenge 2016

We hope you are already enjoying collecting time in your Passport to Learning and that these ideas will inspire you to try even more activities over the summer. If you do not already know about Children's University, you can find out more <u>here</u>

Once you have chosen a challenge, discuss your ideas with an adult and agree where you might need any help

You must provide some evidence to your school co-ordinator that you have taken part in the activity. For example you could take a photograph, write a diary, make a voice or video recording or take some examples into school

You might like to include the following in your evidence:

- When did you complete the activity?
- Who were you with?
- What was the easiest/most difficult part of the challenge?
- Would you do anything differently if you did it again?
- What would you like to do next?

