



Newsletter 18th March 2021

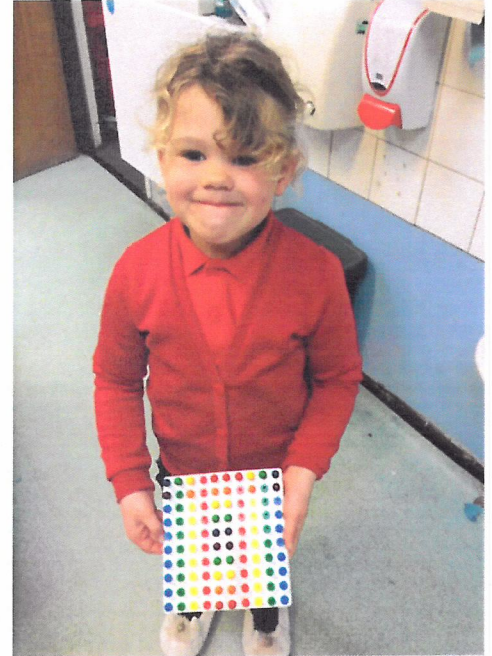
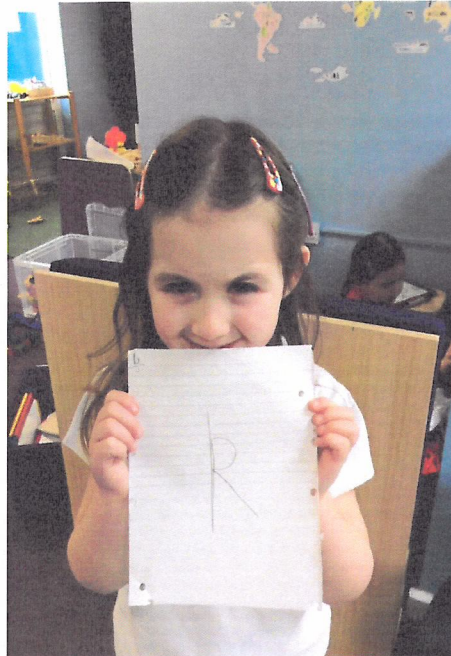
Dear Parents,

The children have continued to enjoy being back in school, and it has been lovely to see them running about at playtime and lunchtimes and having so much fun playing with their friends. We are all also deliberately giving them plenty of opportunities to be active and to play outdoors (in between the showers!) as much as possible. There are some pictures in the newsletter taken from around the classrooms this week so that you can see some of the things they have been up to, as well as some extras from Owlets.

A quick reminder that Red Nose Day is tomorrow. Children can wear non-uniform of their choice. Any donations (suggested £1 per child) should be made through the link below. Please do not bring money into school.

<https://donation.rednoseday.com/>

Finally, after Easter we will be welcoming Mr Thomas to our staff team. Mr Thomas will replace Mrs Lee during her maternity leave and will be teaching in Snowy Owls, following a successful spell at his current school in west Norfolk. He will also be joining Snowy Owls next week, with Mrs Lee and via Zoom link, to introduce himself ahead of the new term! We also all of course wish Mrs Lee the very best with this very exciting new chapter in her family life.



Around the Classrooms:

This week:			
<p>Owlets</p>	<p>Capacity</p>	<p>Barn</p>	<p>Using Google Earth</p>
<p>Snowy</p>	<p>Measuring 3D shapes</p>	<p>Eagle</p>	<p>Pop-up bookmarks</p>
Next week:			
<p>Owlets</p>	<ul style="list-style-type: none"> • Diagraphs or and ur (Rec) • Tricky word - they (Rec) • Trigraphs ear and air (Y1) • Pattern • Easter crafts 	<p>Barn</p>	<ul style="list-style-type: none"> • Norwich tour guide brochures • Using co-ordinates to plot all the points of polygons • Translate shapes
<p>Snowy</p>	<ul style="list-style-type: none"> • Writing poems about Easter • Measuring the weight of objects (Y1) • Fractions - finding equal parts, finding a half (Y2) • Easter crafts 	<p>Eagle</p>	<ul style="list-style-type: none"> • Letter writing to the Dragonology author • Fractions • Making a Webpage

Happy Birthday

Birthdays w/c 14th March

Riley age 10
Harriet age 10
Molly age 10
Thomas age 7
Emily age 9
Trixie age 7

ATTENDANCE MATTERS

every school day counts.

Last week's attendance was: 99.49%

Years R, 1, 4 & 5 achieved 100% attendance

Attendance year to date is 95.73%
(excluding self-isolation)

Uniform

Any parents wanting to buy uniform can purchase it direct from this website:

<https://www.superstitch86.co.uk/product-category/schoolwear/primary-schools-academies/little-melton-primary-school/>

NAVY LITTLE
MELTON PRIMARY
SCHOOL
SWEATSHIRT



RED LITTLE MELTON
PRIMARY SCHOOL
SWEATSHIRT



NAVY LITTLE
MELTON PRIMARY
SCHOOL CARDIGAN



RED LITTLE MELTON
PRIMARY SCHOOL
CARDIGAN



N.B. These dates/times could be subject to change.

Friday 19th March - Non uniform for Red Nose Day

Easter Holidays

Mon 29th March - Fri 9th April 2021

Friday 30th April - Eagle Owls Anglo Saxon Living History Day

Bank Holiday 3rd May 2021

Monday 10th May - School Photos

Friday 28th May - Eagle Owls Viking Day

May Half Term

Mon 31st May - Fri 4th June 2021

Monday 14th June - Eagle Owls Bake-Off

Monday 28th June - Eagle Owls bikeability group 1

Tuesday 29th June - Eagle Owls bikeability group 1

Friday 2nd July - Eagle Owls West Runton beach trip

Monday 5th July - Eagle Owls bikeability group 2

Tuesday 6th July - Eagle Owls bikeability group 2

Wednesday 7th July - Hethersett Academy transition day

Friday 9th July - Whole school orienteering day

Friday 9th July - Year 6 leavers movie night

Wednesday 14th July - (provisional) Eagle Owls canoeing at Whitlingham

Friday 16th July - Year 6 leavers midnight game night

Monday 19th July - Year 6 leavers water fight

Summer Holidays commence
Thurs 22nd July 2021

Yours faithfully

Mr Pritchard
Headteacher



Little Melton Preschool Nursery



Easter Egg Hunt



Join us this Easter holiday for an Easter Egg Hunt around Little Melton village and Heather Gardens with 6 prizes up for grabs. If you would like to take part simply:

- Visit Little Melton Preschool any weekday morning before the Easter holiday to collect an 'egg poster' to decorate and an entry sheet*
- Fill in your name and address of where your egg will be displayed from Good Friday to Easter Monday**
- Keep an eye on the Preschool and Little Melton Facebook page for updates and egg locations for those who would like a helping hand on their hunt
- The Preschool kindly asks for a donation to take part in this event. Please pop it in the tub provided at the Preschool

Thank you so much for your support.

We hope you have fun taking part and wish you a very

Happy Easter!

**If you cannot get to Little Melton Preschool please email Sarah at littlemeltonpreschool@gmail.com to arrange a delivery*

***You do not have to live in the village or complete an egg poster to take part. Join in the hunt and just return an entry sheet to still be in with a chance of a prize.*

ALL BABIES CRY

All babies cry, some cry more than others and this is completely normal.

You can try lots of different things to comfort your baby and they will still cry. This is normal. It's ok to put them down in a safe place and take a minute. Never shake your baby. Crying is part of a baby's language and is normal, but can be hard to cope with, particularly at the moment.

If you need any help, please speak to someone.

There is a whole host of support and advice available locally. Norfolk's online NHS platform [JustOneNorfolk.nhs.uk](https://www.justonenorfolk.nhs.uk) has lots of advice with ways to help you cope, proactive steps to take and much more. Use the details below to access support.

Recommended grounding technique

- LOOK: for 5 things that you can see. Count them up.
- FEEL: Think of 4 things that you can feel in your body. Count them up
- LISTEN: Listen for 3 sounds. Count them up
- SMELL: Say two things you can smell. Count them up
- TASTE: Say one thing you can taste.

Finally, take another slow breath, you can repeat the 5 steps if needed.

For local NHS advice and support:



0300 300 0123



07520 631590



[justonenorfolk.nhs.uk/AllBabiesCry](https://www.justonenorfolk.nhs.uk/AllBabiesCry)



Internet search:

'all babies cry norfolk'

ALL BABIES CRY

All Support Available:

[Cry-sis](#) is a charity that supports parents struggling with an unsettled baby. You can call 08451 228669 between 9am and 10am every day.

Even in the middle of the night if you have no one to support you and you are worried about how you are feeling, you can call [111](#) for support.

[Young Minds Parents Helpline](#) - Call 0808 802 5544 for free support Monday-Friday from 9.30am-4pm.

[Childline](#) - young people under 19 can call 0800 1111 for free support 7.30am-3.30am every day.

[You can always go to see your GP to discuss concerns.](#)

[See, Hear, Respond](#) - Best Beginnings and Barnado's are providing free online support to pregnant families and new parents struggling during the COVID-19 pandemic.

You can contact the [Healthy Child Programme](#) by calling [Just One Number](#) on 0300 300 0123 or texting [Parentline](#) on 07520 631590. from 8am-6pm Monday-Friday (excluding bank holidays) and 9am-1pm on Saturdays.

If you are 11-19 you can text [ChatHealth](#) on 07480635060 for confidential advice from 8am -6pm Monday-Friday (excluding bank holidays) and 9am-1pm on Saturdays.



justonenorfolk.nhs.uk/AllBabiesCry







Internet search:

'all babies cry norfolk'



Safer Sleep

Sleep is a very important part of a baby's growth and development. There are plenty of things parents can do to help keep a baby safe whilst sleeping; these easy to remember guidelines are a great place to start:

-  Put babies on their back to sleep.
-  Make sure babies have their own clear, flat space to sleep in.
-  If you're considering co-sleeping, speak to a health professional for advice.
-  Keep babies in a smoke free environment.

For local NHS advice and support:



Call:

0300 300 0123



Text:

07520 631590



Visit:

justonenorfolk.nhs.uk/SaferSleep



Internet search:

'safer sleep norfolk'