



PHYSICAL EDUCATION

SUBJECT NARRATIVE (Sept'23)

Multi-skills	
Games	
Athletics	
Gymnastics	
Dance	
OAA	

Key Stage 1: Year 1/2 (Cycle A)

TOPIC: Invasion Games Get Set For PE unit Key Ideas: Attacking and defending, working as a team	TOPIC: Fundamentals Get Set For PE unit Key Ideas: Balancing, teamwork, dodging and different ways to move	TOPIC: Gymnastics Get Set For PE unit Key Ideas: Shapes, balances, travelling actions, rolling, linking sequences	TOPIC: Dance Get Set For PE unit Key Ideas: Actions, space, responding to music, creativity	TOPIC: Athletics Get Set For PE unit Key Ideas: Sprinting, jumping for distance or height, throwing for distance or height	TOPIC: Target Games Get Set For PE unit Key Ideas: Different types of throwing and rolling, striking and fielding
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Key Stage 1: Year 1/2 (Cycle B)

TOPIC: Invasion Games Get Set For PE unit Key Ideas: Sending and receiving, scoring goals, simple tactics	TOPIC: Team Building Get Set For PE unit Key Ideas: Supporting and encouraging others, teamwork, sharing	TOPIC: Gymnastics Get Set For PE unit Key Ideas: Shapes, balances, travelling actions, rolling, linking sequences	TOPIC: Dance Get Set For PE unit Key Ideas: Actions, space, responding to music, creativity	TOPIC: Athletics Get Set For PE unit Key Ideas: Sprinting, jumping for distance or height, throwing for distance or height	TOPIC: Ball Skills Get Set For PE unit Key Ideas: Roll, track, dribble, passing and shooting
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Lower Key Stage 2: Year 3/4 (Cycle A)

Topic: Invasion Games Tag Rugby/Netball (High Fives) (Additional external Coach for Tag-Rugby—when available, leading to tournament skills)	Topic: Invasion Games Hockey/Football skill development	TOPIC: Gymnastics Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC Dance (incl May Pole) Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Athletics/Non-Traditional Sports Coach for Traditional and non traditional sports Key Ideas: Sports Day – Athletics Ultimate Frisbee//Hand-Ball/Korfball	TOPIC OAA/Striking & Fielding Coach for traditional and non traditional sports Key Ideas: Tennis/Rounders/Cricket/Orienteering
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Lower Key Stage 2: Year 3/4 (Cycle B)

TOPIC: Invasion Games Tag Rugby/Netball (Additional external Coach for Tag-Rugby—when available, leading to tournament skills)	TOPIC Invasion Games Football/Hockey skill development	TOPIC: Gymnastics Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Dance (incl May Pole) Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Athletics/Non-Traditional Sports Coach for Traditional and non traditional sports Key Ideas: Sports Day – Athletics Ultimate Frisbee//Hand-Ball/Korfball 2021-2 Additional Swimming	TOPIC OAA/Striking & Fielding Coach for traditional and non traditional sports Key Ideas: Tennis/Rounders/Cricket/Orienteering 2021-2 Additional Swimming
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Upper Key Stage 2: Year 5/6 (Cycle A)

TOPIC: Invasion Games Tag Rugby/Netball (High Fives) (Additional external Coach for Tag-Rugby—when available, leading to tournament skills)	TOPIC: Invasion Games Football/Hockey skill development	TOPIC: Gymnastics Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Dance Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Dance Showcase/Non-Trad Sport Coach for non traditional sports Ultimate Frisbee//Hand-Ball/Korfball Key Ideas: Coordination/Repetition and Performance/Teamwork/Creativity/Listening skills	Topic: Summer Sports/Athletics Coach for summer sports Athletics Ultimate Frisbee/Tennis/Hand-Ball and Korfball/Rounders/Cricket and Kwik Cricket/Orienteering
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Year 5/6 (Cycle B)

TOPIC: Invasion Games Tag Rugby/Netball (High Fives) (Additional external Coach for Tag-Rugby—when available, leading to tournament skills)	TOPIC: Invasion Games Football/Hockey skill development	TOPIC: Gymnastics Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Dance Showcase/OAA—residential Dance (Showcase) PGL—Outdoor and Adventurous activities Key Ideas: Coordination/Balance/Aesthetics/Agility/Movement/Cooperation/Creativity	TOPIC: Non-Traditional Sport/Athletics Coach for non traditional sports Ultimate Frisbee//Hand-Ball/Korfball Key Ideas: Coordination/Repetition and Performance/Teamwork/Creativity/Listening skills/	Topic: Summer Sports/Athletics Coach for summer sports Summer Sports: Tennis/Rounders/Cricket Athletics 2021-2 Additional Swimming
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We believe these skills are important for life because:

We want children to have a high quality physical education, enabling a wide range of physical literacy and enjoyment which provides them with the skills-set to progress with any sport as far as they would like to go.

We want to provide physical education opportunities for pupils to take part competitively, as well as participate for fun. We want to encourage skills for life, including swimming, and a love of being active.